

Problem 4.65

If you combine *three* spin-1/2 particles, you can get a total spin of 3/2 or 1/2 (and the latter can be achieved in two distinct ways). Construct the quadruplet and the two doublets, using the notation of Equations 4.175 and 4.176:

$$\left\{ \begin{array}{l} \left| \frac{3}{2} \frac{3}{2} \right\rangle \\ \left| \frac{3}{2} \frac{1}{2} \right\rangle \\ \left| \frac{3}{2} \frac{-1}{2} \right\rangle \\ \left| \frac{3}{2} \frac{-3}{2} \right\rangle \end{array} \right\} \quad s = \frac{3}{2} \text{ (quadruplet)}$$

$$\left\{ \begin{array}{l} \left| \frac{1}{2} \frac{1}{2} \right\rangle_1 \\ \left| \frac{1}{2} \frac{-1}{2} \right\rangle_1 \end{array} \right\} \quad s = \frac{1}{2} \text{ (doublet 1)}$$

$$\left\{ \begin{array}{l} \left| \frac{1}{2} \frac{1}{2} \right\rangle_2 \\ \left| \frac{1}{2} \frac{-1}{2} \right\rangle_2 \end{array} \right\} \quad s = \frac{1}{2} \text{ (doublet 2)}$$

Hint: The first one is easy: $\left| \frac{3}{2} \frac{3}{2} \right\rangle = |\uparrow\uparrow\uparrow\rangle$; apply the lowering operator to get the other states in the quadruplet. For the doublets you might start with the first two in the singlet state, and tack on the third:

$$\left| \frac{1}{2} \frac{1}{2} \right\rangle_1 = \frac{1}{\sqrt{2}}(|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle)|\uparrow\rangle.$$

Take it from there (make sure $\left| \frac{1}{2} \frac{1}{2} \right\rangle_2$ is orthogonal to $\left| \frac{1}{2} \frac{1}{2} \right\rangle_1$ and to $\left| \frac{3}{2} \frac{1}{2} \right\rangle$). *Note:* the two doublets are not uniquely determined—any linear combination of them would still carry spin 1/2. The point is to construct two *independent* doublets.

Solution

Mr. Griffiths demonstrated in Example 4.5 on page 177 that two spin-1/2 particles can carry a total spin of 0 or 1. If the total spin is 0, then adding a third spin-1/2 particle will make the total spin 1/2. If the total spin is 1, then adding a third spin-1/2 particle will make the total spin either 3/2 or 1/2, depending if it's spin up or spin down.

One can see this in the $1 \times 1/2$ Clebsch–Gordon table.

$1 \times 1/2$		$\frac{3}{2}$		
		$+\frac{3}{2}$	$\frac{3}{2}$	$\frac{1}{2}$
$+1$	$+\frac{1}{2}$	1	$+\frac{1}{2}$	$+\frac{1}{2}$
	$+1$	$-\frac{1}{2}$	$\frac{1}{3}$	$\frac{2}{3}$
	0	$+\frac{1}{2}$	$\frac{2}{3}$	$-\frac{1}{3}$
			$\frac{3}{2}$	$\frac{1}{2}$
			$-\frac{1}{2}$	$-\frac{1}{2}$
			0	$-\frac{1}{2}$
			$-\frac{1}{2}$	$+\frac{1}{2}$
			$\frac{2}{3}$	$\frac{1}{3}$
			$\frac{1}{3}$	$-\frac{2}{3}$
				$\frac{3}{2}$
				$-\frac{3}{2}$
			$-\frac{1}{2}$	$-\frac{1}{2}$
				1

If the total spin of the three spin- $1/2$ particles is $s = 3/2$, then $m_s = -3/2, -1/2, 1/2$, or $3/2$, and there's a quadruplet of spin states. Each spin state is denoted by $|s m_s\rangle$.

$$\left\{ \begin{array}{l} \left| \frac{3}{2} \frac{3}{2} \right\rangle \\ \left| \frac{3}{2} \frac{1}{2} \right\rangle \\ \left| \frac{3}{2} -\frac{1}{2} \right\rangle \\ \left| \frac{3}{2} -\frac{3}{2} \right\rangle \end{array} \right.$$

If the total spin of the three spin- $1/2$ particles is $s = 1/2$, then $m_s = -1/2$ or $m_s = 1/2$. There are two ways to achieve $s = 1/2$, so there are two doublets.

$$\left\{ \begin{array}{l} \left| \frac{1}{2} \frac{1}{2} \right\rangle_1 \\ \left| \frac{1}{2} -\frac{1}{2} \right\rangle_1 \\ \left| \frac{1}{2} \frac{1}{2} \right\rangle_2 \\ \left| \frac{1}{2} -\frac{1}{2} \right\rangle_2 \end{array} \right.$$

Let the first particle be in the state $|s_1 m_1\rangle$, let the second particle be in the state $|s_2 m_2\rangle$, and let the third particle be in the state $|s_3 m_3\rangle$. The lowering operator is defined in Equation 4.136 on page 166.

$$S_- |s m_s\rangle = \hbar \sqrt{s(s+1) - m_s(m_s - 1)} |s (m_s - 1)\rangle$$

Begin with the quadruplet associated with $s = 3/2$. The first spin state is given in the hint and represents the combination of three spin-1/2 particles with spin up:

$$\begin{aligned} \left| \frac{3}{2} \frac{3}{2} \right\rangle &= |\uparrow\uparrow\uparrow\rangle \\ &= \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle. \end{aligned}$$

Apply the lowering operator to both sides to get $\left| \frac{3}{2} \frac{1}{2} \right\rangle$.

$$\begin{aligned} S_- \left| \frac{3}{2} \frac{3}{2} \right\rangle &= S_- \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \\ \hbar \sqrt{\frac{3}{2} \left(\frac{3}{2} + 1 \right) - \frac{3}{2} \left(\frac{3}{2} - 1 \right)} \left| \frac{3}{2} \frac{1}{2} \right\rangle &= [S_-^{(1)} + S_-^{(2)} + S_-^{(3)}] \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \\ \hbar \sqrt{3} \left| \frac{3}{2} \frac{1}{2} \right\rangle &= \left[S_-^{(1)} \left| \frac{1}{2} \frac{1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \\ &\quad + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[S_-^{(2)} \left| \frac{1}{2} \frac{1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle \\ &\quad + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[S_-^{(3)} \left| \frac{1}{2} \frac{1}{2} \right\rangle \right] \\ &= \left[\hbar \sqrt{\frac{1}{2} \left(\frac{1}{2} + 1 \right) - \frac{1}{2} \left(\frac{1}{2} - 1 \right)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \\ &\quad + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[\hbar \sqrt{\frac{1}{2} \left(\frac{1}{2} + 1 \right) - \frac{1}{2} \left(\frac{1}{2} - 1 \right)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle \\ &\quad + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[\hbar \sqrt{\frac{1}{2} \left(\frac{1}{2} + 1 \right) - \frac{1}{2} \left(\frac{1}{2} - 1 \right)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \\ &= \hbar \left(\left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \right. \\ &\quad + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \\ &\quad \left. + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right) \\ &= \hbar (|\downarrow\uparrow\uparrow\rangle + |\uparrow\downarrow\uparrow\rangle + |\uparrow\uparrow\downarrow\rangle) \end{aligned}$$

Therefore, dividing both sides by $\hbar\sqrt{3}$,

$$\left| \frac{3}{2} \frac{1}{2} \right\rangle = \frac{1}{\sqrt{3}}(|\downarrow\uparrow\uparrow\rangle + |\uparrow\downarrow\uparrow\rangle + |\uparrow\uparrow\downarrow\rangle).$$

Apply the lowering operator to both sides again to get $\left| \frac{3}{2} \frac{-1}{2} \right\rangle$.

$$S_- \left| \frac{3}{2} \frac{1}{2} \right\rangle = S_- \left[\frac{1}{\sqrt{3}}(|\downarrow\uparrow\uparrow\rangle + |\uparrow\downarrow\uparrow\rangle + |\uparrow\uparrow\downarrow\rangle) \right]$$

$$\hbar\sqrt{\frac{3}{2}\left(\frac{3}{2}+1\right) - \frac{1}{2}\left(\frac{1}{2}-1\right)} \left| \frac{3}{2} \frac{-1}{2} \right\rangle = \frac{1}{\sqrt{3}}(S_-|\downarrow\uparrow\uparrow\rangle + S_-|\uparrow\downarrow\uparrow\rangle + S_-|\uparrow\uparrow\downarrow\rangle)$$

$$\begin{aligned} \hbar\sqrt{4} \left| \frac{3}{2} \frac{-1}{2} \right\rangle &= \frac{1}{\sqrt{3}} \left(S_- \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \right. \\ &\quad + S_- \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \\ &\quad \left. + S_- \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right) \end{aligned}$$

$$\begin{aligned} 2\hbar\sqrt{3} \left| \frac{3}{2} \frac{-1}{2} \right\rangle &= [S_-^{(1)} + S_-^{(2)} + S_-^{(3)}] \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \\ &\quad + [S_-^{(1)} + S_-^{(2)} + S_-^{(3)}] \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \\ &\quad + [S_-^{(1)} + S_-^{(2)} + S_-^{(3)}] \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle \\ &= \left[S_-^{(1)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle + \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left[S_-^{(2)} \left| \frac{1}{2} \frac{1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle \\ &\quad + \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[S_-^{(3)} \left| \frac{1}{2} \frac{1}{2} \right\rangle \right] + \left[S_-^{(1)} \left| \frac{1}{2} \frac{1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \\ &\quad + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[S_-^{(2)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left[S_-^{(3)} \left| \frac{1}{2} \frac{1}{2} \right\rangle \right] \\ &\quad + \left[S_-^{(1)} \left| \frac{1}{2} \frac{1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[S_-^{(2)} \left| \frac{1}{2} \frac{1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{-1}{2} \right\rangle \\ &\quad + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[S_-^{(3)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \end{aligned}$$

Evaluate the terms in square brackets.

$$\begin{aligned}
2\hbar\sqrt{3} \left| \frac{3}{2} \frac{-1}{2} \right\rangle &= \left[\hbar\sqrt{\frac{1}{2}\left(\frac{1}{2}+1\right) + \frac{1}{2}\left(-\frac{1}{2}-1\right)} \left| \frac{1}{2} \frac{-3}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle + \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left[\hbar\sqrt{\frac{1}{2}\left(\frac{1}{2}+1\right) - \frac{1}{2}\left(\frac{1}{2}-1\right)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle \\
&\quad + \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[\hbar\sqrt{\frac{1}{2}\left(\frac{1}{2}+1\right) - \frac{1}{2}\left(\frac{1}{2}-1\right)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] + \left[\hbar\sqrt{\frac{1}{2}\left(\frac{1}{2}+1\right) - \frac{1}{2}\left(\frac{1}{2}-1\right)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \\
&\quad + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[\hbar\sqrt{\frac{1}{2}\left(\frac{1}{2}+1\right) + \frac{1}{2}\left(-\frac{1}{2}-1\right)} \left| \frac{1}{2} \frac{-3}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left[\hbar\sqrt{\frac{1}{2}\left(\frac{1}{2}+1\right) - \frac{1}{2}\left(\frac{1}{2}-1\right)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \\
&\quad + \left[\hbar\sqrt{\frac{1}{2}\left(\frac{1}{2}+1\right) - \frac{1}{2}\left(\frac{1}{2}-1\right)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[\hbar\sqrt{\frac{1}{2}\left(\frac{1}{2}+1\right) - \frac{1}{2}\left(\frac{1}{2}-1\right)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{-1}{2} \right\rangle \\
&\quad + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[\hbar\sqrt{\frac{1}{2}\left(\frac{1}{2}+1\right) + \frac{1}{2}\left(-\frac{1}{2}-1\right)} \left| \frac{1}{2} \frac{-3}{2} \right\rangle \right] \\
&= \left[\hbar(0) \left| \frac{1}{2} \frac{-3}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle + \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left[\hbar(1) \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle \\
&\quad + \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[\hbar(1) \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] + \left[\hbar(1) \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \\
&\quad + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[\hbar(0) \left| \frac{1}{2} \frac{-3}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left[\hbar(1) \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \\
&\quad + \left[\hbar(1) \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[\hbar(1) \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right] \left| \frac{1}{2} \frac{-1}{2} \right\rangle \\
&\quad + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left[\hbar(0) \left| \frac{1}{2} \frac{-3}{2} \right\rangle \right]
\end{aligned}$$

Simplify the right side.

$$\begin{aligned}
 2\hbar\sqrt{3} \left| \frac{3}{2} \frac{-1}{2} \right\rangle &= 2\hbar \left(\left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \right. \\
 &\quad + \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle \\
 &\quad \left. + \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle \left| \frac{1}{2} \frac{-1}{2} \right\rangle \right)
 \end{aligned}$$

Therefore, dividing both sides by $2\hbar\sqrt{3}$,

$$\boxed{\left| \frac{3}{2} \frac{-1}{2} \right\rangle = \frac{1}{\sqrt{3}}(|\downarrow\downarrow\uparrow\rangle + |\downarrow\uparrow\downarrow\rangle + |\uparrow\downarrow\downarrow\rangle).}$$

Apply the lowering operator to both sides again to get $\left| \frac{3}{2} \frac{-3}{2} \right\rangle$.

$$\begin{aligned}
 S_- \left| \frac{3}{2} \frac{-1}{2} \right\rangle &= S_- \left[\frac{1}{\sqrt{3}}(|\downarrow\downarrow\uparrow\rangle + |\downarrow\uparrow\downarrow\rangle + |\uparrow\downarrow\downarrow\rangle) \right] \\
 \hbar\sqrt{\frac{3}{2} \left(\frac{3}{2} + 1 \right) + \frac{1}{2} \left(-\frac{1}{2} - 1 \right)} \left| \frac{3}{2} \frac{-3}{2} \right\rangle &= \frac{1}{\sqrt{3}}(S_-|\downarrow\downarrow\uparrow\rangle + S_-|\downarrow\uparrow\downarrow\rangle + S_-|\uparrow\downarrow\downarrow\rangle) \\
 \hbar\sqrt{3} \left| \frac{3}{2} \frac{-3}{2} \right\rangle &= \frac{1}{\sqrt{3}}(S_-|\downarrow\rangle|\downarrow\rangle|\uparrow\rangle \\
 &\quad + S_-|\downarrow\rangle|\uparrow\rangle|\downarrow\rangle \\
 &\quad + S_-|\uparrow\rangle|\downarrow\rangle|\downarrow\rangle) \\
 3\hbar \left| \frac{3}{2} \frac{-3}{2} \right\rangle &= [S_-^{(1)} + S_-^{(2)} + S_-^{(3)}]|\downarrow\rangle|\downarrow\rangle|\uparrow\rangle \\
 &\quad + [S_-^{(1)} + S_-^{(2)} + S_-^{(3)}]|\downarrow\rangle|\uparrow\rangle|\downarrow\rangle \\
 &\quad + [S_-^{(1)} + S_-^{(2)} + S_-^{(3)}]|\uparrow\rangle|\downarrow\rangle|\downarrow\rangle \\
 &= [S_-^{(1)}|\downarrow\rangle]|\downarrow\rangle|\uparrow\rangle + |\downarrow\rangle[S_-^{(2)}|\downarrow\rangle]|\uparrow\rangle + |\downarrow\rangle|\downarrow\rangle[S_-^{(3)}|\uparrow\rangle] \\
 &\quad + [S_-^{(1)}|\downarrow\rangle]|\uparrow\rangle|\downarrow\rangle + |\downarrow\rangle[S_-^{(2)}|\uparrow\rangle]|\downarrow\rangle + |\downarrow\rangle|\uparrow\rangle[S_-^{(3)}|\downarrow\rangle] \\
 &\quad + [S_-^{(1)}|\uparrow\rangle]|\downarrow\rangle|\downarrow\rangle + |\uparrow\rangle[S_-^{(2)}|\downarrow\rangle]|\downarrow\rangle + |\uparrow\rangle|\downarrow\rangle[S_-^{(3)}|\downarrow\rangle]
 \end{aligned}$$

Evaluate the terms in square brackets.

$$\begin{aligned}
 3\hbar \left| \frac{3}{2} \frac{-3}{2} \right\rangle &= (0) |\downarrow\rangle |\uparrow\rangle + |\downarrow\rangle (0) |\uparrow\rangle + |\downarrow\rangle |\downarrow\rangle [\hbar |\downarrow\rangle] \\
 &\quad + (0) |\uparrow\rangle |\downarrow\rangle + |\downarrow\rangle [\hbar |\downarrow\rangle] |\downarrow\rangle + |\downarrow\rangle |\uparrow\rangle (0) \\
 &\quad + [\hbar |\downarrow\rangle] |\downarrow\rangle |\downarrow\rangle + |\uparrow\rangle (0) |\downarrow\rangle + |\uparrow\rangle |\downarrow\rangle (0) \\
 &= 3\hbar |\downarrow\rangle |\downarrow\rangle |\downarrow\rangle \\
 &= 3\hbar |\downarrow\downarrow\downarrow\rangle
 \end{aligned}$$

Therefore, dividing both sides by $3\hbar$,

$$\boxed{\left| \frac{3}{2} \frac{-3}{2} \right\rangle = |\downarrow\downarrow\downarrow\rangle.}$$

Now on to the first doublet. One way for the three spin-1/2 particles to produce a total spin of 1/2 with $m_s = 1/2$ (spin up) is to have two particles with total spin 0 combined with a spin-1/2 particle with spin up. The formula for $|0\ 0\rangle$ is given in Equation 4.176 on page 177.

$$\begin{aligned}
 \left| \frac{1}{2} \frac{1}{2} \right\rangle_1 &= |0\ 0\rangle \left| \frac{1}{2} \frac{1}{2} \right\rangle \\
 &= \frac{1}{\sqrt{2}} (|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle) \left| \frac{1}{2} \frac{1}{2} \right\rangle \\
 &= \frac{1}{\sqrt{2}} (|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle) |\uparrow\rangle
 \end{aligned}$$

Therefore,

$$\boxed{\left| \frac{1}{2} \frac{1}{2} \right\rangle_1 = \frac{1}{\sqrt{2}} (|\uparrow\downarrow\uparrow\rangle - |\downarrow\uparrow\uparrow\rangle).}$$

Apply the lowering operator to both sides to get $|\frac{1}{2} \frac{-1}{2}\rangle_1$.

$$\begin{aligned}
 S_- \left| \frac{1}{2} \frac{1}{2} \right\rangle_1 &= S_- \left[\frac{1}{\sqrt{2}} (|\uparrow\downarrow\uparrow\rangle - |\downarrow\uparrow\uparrow\rangle) \right] \\
 \hbar \sqrt{\frac{1}{2} \left(\frac{1}{2} + 1 \right) - \frac{1}{2} \left(\frac{1}{2} - 1 \right)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle_1 &= \frac{1}{\sqrt{2}} (S_- |\uparrow\downarrow\uparrow\rangle - S_- |\downarrow\uparrow\uparrow\rangle) \\
 \hbar(1) \left| \frac{1}{2} \frac{-1}{2} \right\rangle_1 &= \frac{1}{\sqrt{2}} \left\{ \left[S_-^{(1)} + S_-^{(2)} + S_-^{(3)} \right] |\uparrow\downarrow\uparrow\rangle \right. \\
 &\quad \left. - \left[S_-^{(1)} + S_-^{(2)} + S_-^{(3)} \right] |\downarrow\uparrow\uparrow\rangle \right\}
 \end{aligned}$$

Multiply both sides by $\sqrt{2}$ and evaluate the right side.

$$\begin{aligned}
 \hbar\sqrt{2}\left|\frac{1}{2}\frac{-1}{2}\right\rangle_1 &= \left[S_-^{(1)} + S_-^{(2)} + S_-^{(3)}\right]|\uparrow\rangle|\downarrow\rangle|\uparrow\rangle \\
 &\quad - \left[S_-^{(1)} + S_-^{(2)} + S_-^{(3)}\right]|\downarrow\rangle|\uparrow\rangle|\uparrow\rangle \\
 &= \left[S_-^{(1)}|\uparrow\rangle\right]|\downarrow\rangle|\uparrow\rangle + |\uparrow\rangle\left[S_-^{(2)}|\downarrow\rangle\right]|\uparrow\rangle + |\uparrow\rangle|\downarrow\rangle\left[S_-^{(3)}|\uparrow\rangle\right] \\
 &\quad - \left[S_-^{(1)}|\downarrow\rangle\right]|\uparrow\rangle|\uparrow\rangle - |\downarrow\rangle\left[S_-^{(2)}|\uparrow\rangle\right]|\uparrow\rangle - |\downarrow\rangle|\uparrow\rangle\left[S_-^{(3)}|\uparrow\rangle\right] \\
 &= [\hbar|\downarrow\rangle]|\downarrow\rangle|\uparrow\rangle + |\uparrow\rangle(0)|\uparrow\rangle + |\uparrow\rangle|\downarrow\rangle[\hbar|\downarrow\rangle] \\
 &\quad - (0)|\uparrow\rangle|\uparrow\rangle - |\downarrow\rangle[\hbar|\downarrow\rangle]|\uparrow\rangle - |\downarrow\rangle|\uparrow\rangle[\hbar|\downarrow\rangle] \\
 &= \hbar(|\uparrow\downarrow\downarrow\rangle - |\downarrow\uparrow\downarrow\rangle)
 \end{aligned}$$

Therefore, dividing both sides by $\hbar\sqrt{2}$,

$$\boxed{\left|\frac{1}{2}\frac{-1}{2}\right\rangle_1 = \frac{1}{\sqrt{2}}(|\uparrow\downarrow\downarrow\rangle - |\downarrow\uparrow\downarrow\rangle).}$$

The two formulas for $|\frac{3}{2} \frac{1}{2}\rangle$ and $|\frac{1}{2} \frac{1}{2}\rangle_1$ are as follows.

$$\begin{cases} |\frac{3}{2} \frac{1}{2}\rangle = \frac{1}{\sqrt{3}}|\downarrow\uparrow\uparrow\rangle + \frac{1}{\sqrt{3}}|\uparrow\downarrow\uparrow\rangle + \frac{1}{\sqrt{3}}|\uparrow\uparrow\downarrow\rangle \\ |\frac{1}{2} \frac{1}{2}\rangle_1 = -\frac{1}{\sqrt{2}}|\downarrow\uparrow\uparrow\rangle + \frac{1}{\sqrt{2}}|\uparrow\downarrow\uparrow\rangle + 0|\uparrow\uparrow\downarrow\rangle \end{cases}$$

Following the hint, obtain $|\frac{1}{2} \frac{1}{2}\rangle_2$ by requiring it to be orthogonal to both $|\frac{1}{2} \frac{1}{2}\rangle_1$ and $|\frac{3}{2} \frac{1}{2}\rangle$. Assume that it has the same form as these two but with unknown coefficients.

$$|\frac{1}{2} \frac{1}{2}\rangle_2 = A|\downarrow\uparrow\uparrow\rangle + B|\uparrow\downarrow\uparrow\rangle + C|\uparrow\uparrow\downarrow\rangle$$

Orthogonalization:
$$\begin{cases} \left\langle \frac{1}{2} \frac{1}{2} \right|_1 \cdot \left| \frac{1}{2} \frac{1}{2} \right\rangle_2 = 0 \\ \left\langle \frac{3}{2} \frac{1}{2} \right| \cdot \left| \frac{1}{2} \frac{1}{2} \right\rangle_2 = 0 \end{cases}$$

$$\begin{cases} 0 = \left(-\frac{1}{\sqrt{2}}\langle\downarrow\uparrow\uparrow| + \frac{1}{\sqrt{2}}\langle\uparrow\downarrow\uparrow| \right) (A|\downarrow\uparrow\uparrow\rangle + B|\uparrow\downarrow\uparrow\rangle + C|\uparrow\uparrow\downarrow\rangle) \\ 0 = \left(\frac{1}{\sqrt{3}}\langle\downarrow\uparrow\uparrow| + \frac{1}{\sqrt{3}}\langle\uparrow\downarrow\uparrow| + \frac{1}{\sqrt{3}}\langle\uparrow\uparrow\downarrow| \right) (A|\downarrow\uparrow\uparrow\rangle + B|\uparrow\downarrow\uparrow\rangle + C|\uparrow\uparrow\downarrow\rangle) \end{cases}$$

$$\begin{cases} 0 = -\frac{A}{\sqrt{2}}\langle\downarrow\uparrow\uparrow|\downarrow\uparrow\uparrow\rangle + \frac{B}{\sqrt{2}}\langle\uparrow\downarrow\uparrow|\uparrow\downarrow\uparrow\rangle \\ 0 = \frac{A}{\sqrt{3}}\langle\downarrow\uparrow\uparrow|\downarrow\uparrow\uparrow\rangle + \frac{B}{\sqrt{3}}\langle\uparrow\downarrow\uparrow|\uparrow\downarrow\uparrow\rangle + \frac{C}{\sqrt{3}}\langle\uparrow\uparrow\downarrow|\uparrow\uparrow\downarrow\rangle \end{cases}$$

$$\begin{cases} 0 = -\frac{A}{\sqrt{2}} + \frac{B}{\sqrt{2}} \\ 0 = \frac{A}{\sqrt{3}} + \frac{B}{\sqrt{3}} + \frac{C}{\sqrt{3}} \end{cases}$$

$$\begin{cases} 0 = -A + B \\ 0 = A + B + C \end{cases}$$

The third equation needed to determine A , B , and C comes from normalization:

$$|A|^2 + |B|^2 + |C|^2 = 1.$$

Plugging the first two into the third gives

$$B^2 + B^2 + 4B^2 = 1$$

$$6B^2 = 1$$

$$B = \pm \frac{1}{\sqrt{6}},$$

which means

$$A = \pm \frac{1}{\sqrt{6}} \quad \text{and} \quad C = \mp \frac{2}{\sqrt{6}}.$$

Therefore, choosing the signs on top,

$$\left| \frac{1}{2} \frac{1}{2} \right\rangle_2 = \frac{1}{\sqrt{6}} |\downarrow\uparrow\uparrow\rangle + \frac{1}{\sqrt{6}} |\uparrow\downarrow\uparrow\rangle - \frac{2}{\sqrt{6}} |\uparrow\uparrow\downarrow\rangle$$

$$\boxed{\left| \frac{1}{2} \frac{1}{2} \right\rangle_2 = \frac{1}{\sqrt{6}} (|\downarrow\uparrow\uparrow\rangle + |\uparrow\downarrow\uparrow\rangle - 2|\uparrow\uparrow\downarrow\rangle)}.$$

Apply the lowering operator to both sides to get $\left| \frac{1}{2} \frac{-1}{2} \right\rangle_2$.

$$S_- \left| \frac{1}{2} \frac{1}{2} \right\rangle_2 = S_- \left[\frac{1}{\sqrt{6}} (|\downarrow\uparrow\uparrow\rangle + |\uparrow\downarrow\uparrow\rangle - 2|\uparrow\uparrow\downarrow\rangle) \right]$$

$$\hbar \sqrt{\frac{1}{2} \left(\frac{1}{2} + 1 \right) - \frac{1}{2} \left(\frac{1}{2} - 1 \right)} \left| \frac{1}{2} \frac{-1}{2} \right\rangle_2 = \frac{1}{\sqrt{6}} (S_- |\downarrow\uparrow\uparrow\rangle + S_- |\uparrow\downarrow\uparrow\rangle - 2S_- |\uparrow\uparrow\downarrow\rangle)$$

$$\hbar(1) \left| \frac{1}{2} \frac{-1}{2} \right\rangle_2 = \frac{1}{\sqrt{6}} (S_- |\downarrow\rangle |\uparrow\rangle |\uparrow\rangle$$

$$+ S_- |\uparrow\rangle |\downarrow\rangle |\uparrow\rangle$$

$$- 2S_- |\uparrow\rangle |\uparrow\rangle |\downarrow\rangle)$$

$$\hbar\sqrt{6} \left| \frac{1}{2} \frac{-1}{2} \right\rangle_2 = \left[S_-^{(1)} + S_-^{(2)} + S_-^{(3)} \right] |\downarrow\rangle |\uparrow\rangle |\uparrow\rangle$$

$$+ \left[S_-^{(1)} + S_-^{(2)} + S_-^{(3)} \right] |\uparrow\rangle |\downarrow\rangle |\uparrow\rangle$$

$$- 2 \left[S_-^{(1)} + S_-^{(2)} + S_-^{(3)} \right] |\uparrow\rangle |\uparrow\rangle |\downarrow\rangle$$

Evaluate the right side.

$$\begin{aligned}
 \hbar\sqrt{6} \left| \frac{1}{2} \frac{-1}{2} \right\rangle_2 &= [S_-^{(1)} |\downarrow\rangle] |\uparrow\rangle |\uparrow\rangle + |\downarrow\rangle [S_-^{(2)} |\uparrow\rangle] |\uparrow\rangle + |\downarrow\rangle |\uparrow\rangle [S_-^{(3)} |\uparrow\rangle] \\
 &\quad + [S_-^{(1)} |\uparrow\rangle] |\downarrow\rangle |\uparrow\rangle + |\uparrow\rangle [S_-^{(2)} |\downarrow\rangle] |\uparrow\rangle + |\uparrow\rangle |\downarrow\rangle [S_-^{(3)} |\uparrow\rangle] \\
 &\quad - 2 [S_-^{(1)} |\uparrow\rangle] |\uparrow\rangle |\downarrow\rangle - 2 |\uparrow\rangle [S_-^{(2)} |\uparrow\rangle] |\downarrow\rangle - 2 |\uparrow\rangle |\uparrow\rangle [S_-^{(3)} |\downarrow\rangle] \\
 &= (0) |\uparrow\rangle |\uparrow\rangle + |\downarrow\rangle [\hbar |\downarrow\rangle] |\uparrow\rangle + |\downarrow\rangle |\uparrow\rangle [\hbar |\downarrow\rangle] \\
 &\quad + [\hbar |\downarrow\rangle] |\downarrow\rangle |\uparrow\rangle + |\uparrow\rangle (0) |\uparrow\rangle + |\uparrow\rangle |\downarrow\rangle [\hbar |\downarrow\rangle] \\
 &\quad - 2 [\hbar |\downarrow\rangle] |\uparrow\rangle |\downarrow\rangle - 2 |\uparrow\rangle [\hbar |\downarrow\rangle] |\downarrow\rangle - 2 |\uparrow\rangle |\uparrow\rangle (0) \\
 &= \hbar(2 |\downarrow\rangle |\downarrow\rangle |\uparrow\rangle - |\downarrow\rangle |\uparrow\rangle |\downarrow\rangle - |\uparrow\rangle |\downarrow\rangle |\downarrow\rangle)
 \end{aligned}$$

Therefore, dividing both sides by $\hbar\sqrt{6}$,

$$\left| \frac{1}{2} \frac{-1}{2} \right\rangle_2 = \frac{1}{\sqrt{6}} (2 |\downarrow\downarrow\uparrow\rangle - |\downarrow\uparrow\downarrow\rangle - |\uparrow\downarrow\downarrow\rangle).$$

In summary,

$$\begin{aligned}
 &\left\{ \begin{aligned} \left| \frac{3}{2} \frac{3}{2} \right\rangle &= |\uparrow\uparrow\uparrow\rangle \\ \left| \frac{3}{2} \frac{1}{2} \right\rangle &= \frac{1}{\sqrt{3}} (|\downarrow\uparrow\uparrow\rangle + |\uparrow\downarrow\uparrow\rangle + |\uparrow\uparrow\downarrow\rangle) \\ \left| \frac{3}{2} \frac{-1}{2} \right\rangle &= \frac{1}{\sqrt{3}} (|\downarrow\downarrow\uparrow\rangle + |\downarrow\uparrow\downarrow\rangle + |\uparrow\downarrow\downarrow\rangle) \\ \left| \frac{3}{2} \frac{-3}{2} \right\rangle &= |\downarrow\downarrow\downarrow\rangle \end{aligned} \right\} \quad s = \frac{3}{2} \text{ (quadruplet)} \\
 &\left\{ \begin{aligned} \left| \frac{1}{2} \frac{1}{2} \right\rangle_1 &= \frac{1}{\sqrt{2}} (|\uparrow\downarrow\uparrow\rangle - |\downarrow\uparrow\uparrow\rangle) \\ \left| \frac{1}{2} \frac{-1}{2} \right\rangle_1 &= \frac{1}{\sqrt{2}} (|\uparrow\downarrow\downarrow\rangle - |\downarrow\uparrow\downarrow\rangle) \end{aligned} \right\} \quad s = \frac{1}{2} \text{ (doublet 1)} \\
 &\left\{ \begin{aligned} \left| \frac{1}{2} \frac{1}{2} \right\rangle_2 &= \frac{1}{\sqrt{6}} (|\downarrow\uparrow\uparrow\rangle + |\uparrow\downarrow\uparrow\rangle - 2 |\uparrow\uparrow\downarrow\rangle) \\ \left| \frac{1}{2} \frac{-1}{2} \right\rangle_2 &= \frac{1}{\sqrt{6}} (2 |\downarrow\downarrow\uparrow\rangle - |\downarrow\uparrow\downarrow\rangle - |\uparrow\downarrow\downarrow\rangle) \end{aligned} \right\} \quad s = \frac{1}{2} \text{ (doublet 2).}
 \end{aligned}$$